Sopa/Soup

Canja de Galinha / Chicken Soup with Pasta \$4.25

Aperitivos/Appetizers

Ameijoas à Bulhão Pato/ Steamed Clams in White Wine Sauce with Garlie and Cilantro \$22.95

Ameijoas à Casino/ Stuffed Clams with Crab Meat and Bacon \$23.50

Camarão Saltgado ao Alho/ Sautégd Shrimp in Garlie Sauce \$22.75

Chouriço Assado Cortado / Roasted Portuguese Sausage \$18.50

Lulas Fritas à Solar / Balsamic Frigd Calamari w/ Peppers, Sweet Corn, Tomato and Scallions

\$22.50

Polvo à Feira / Steamed Octopus with Paprika and Olive Oil \$22.75

Salada à Solar/ Fresh Mozzarella, Tomato and Presunto with Basil and Balsamic Glaze in a Pesto Sauce \$23.50

Salada de Rúcula à Chefe / Arugula Salad with Cherry Tomato, Mix Berries in a Balsamic Vinegar Dressing \$23.50

Burrata à Solar / Frigd Burrata Over Toasted Bread with Caramelized Onion and Balsamic Glazed \$22.95

Mariscos/Seafood

Camarão Recheado / Stuffed Shrimp with Crab Meat \$33.95

Gambas de Moçambique / Three Grilled Shrimp Prawns in a Spicy Sauce \$64.95

Mariscada com Molho de Tomate ou Verde / Lobster, Clams, Mussels, Shrimp and Scallops Served in a Green or Red Sauce \$43.95

Paglha Marinhgira / Sgafood Combination of Lobstgr, Clams, Mussgls, Shrimp and Scallops Served with Yellow Ricg \$44.95

Rabos de Lagosta Recheados / Two Lobster Tails Stuffed with Crab Meat \$61.95

Camarão Jumbo e Pedaços de Lagosta em Molho Brandy com Linguini / Jumbo Shrimp and Chopped Lobster in a Brandy Cream Sauce Over Linguini \$38.95

Peixes/ Fish

Chilgan Sga Bass Grglhado com Molho de Limão / Grilled Chilgan Sga Bass in Lemon Sauce \$58.95

Camarão ao Alho / Shrimp in Garlic Sauce \$34.95

Polvo à Lagargiro / Grilled Octopus Served with Sautéed Peppers & Onions Accompanied of Vegetables & Roasted Skin Potato \$38.95

Filete de Linguado com Recheio de Caranguejo / Fillet of Flounder Stuffed with Crab Meat \$37.95

Salmão em Finas Ervas / Grilled Salmon Served with Butter, Lemon, Parsley, Basil, and Rosemary Leaves Sauce \$38.95

Halibut Grelhado em Molho Champagne / Grilled Halibut in a Champagne Sauce \$42.95

Bacalhau à Solar do Minho / Fried Cod Fish with Peppers, Onions, and Garlie in Tomato Sauce \$38.95

Robalinho Grelhado com Azeite e Alho / Grilled Branzino with Garlie and Olive Oil \$37.95

Carne/ Meat

Peito de Frango a Marsala / Chicken Breast with Marsala Wine & Mushrooms \$32.50

Costela de Vaca no Forno com Risotto em Molho Merlot / Braised Short Ribs with Merlot Wine Reduction Served with Risotto \$41.95

Cowboy Steak com Puré e Vegetais / Grilled Cowboy Steak with Mashed Potato and Vegetables

\$55.95

Rib Eye com Pimentos Picante e Cebola /Grilled Rib Eye Steak with Hot Cherry Peppers and Sautéed Onions

\$49.95

Peito de Frango ao Alho / Chicken Breast with Garlie Sauce \$32.50

Chateaubriand com Aspargos em Molho de Cogumelo / Filet Mignon with Asparagus in a Mushroom Sauce \$56.95

Costeletas de Porco com Linguiça em Molho Brandy / Grilled French Cut Pork Chop with Brazilian Sausage in a Brandy Sauce \$36.95

Mar & Terra / Surf and Turf \$57.95

Costelas de Cabrito em Molho de Alecrim com Puré e Espinafre / Grilled Rack Lamb in a Rosemary Sauce with Mashed Potato and Spinach \$48.95

Churrasqueira do Solar / From de B.B.Q.

Costelinha de Porco na Brasa / Grilled Baby Back Ribs on the Charcoal \$33.75

Picanha no Espeto / Grilled Top Sirloin on the Skewer Served Brazilian Style \$50.95 (No Sharing/No Doggy Bag)

Rodizio Brasileiro / Grilled Assorted Meats Served Brazilian Style \$49.95 (No Sharing/No Doggy Bag)